

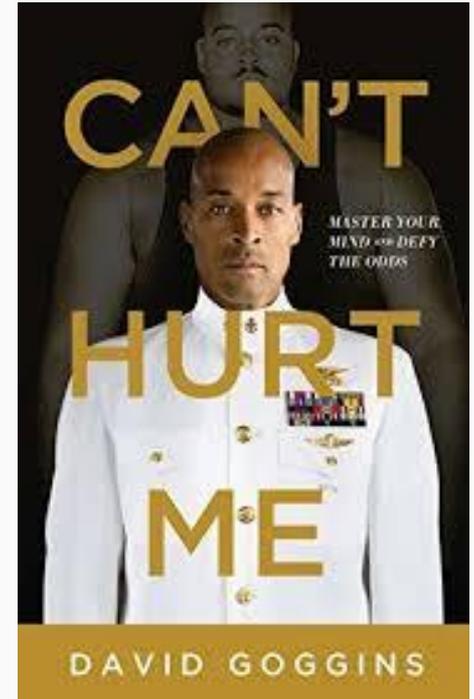
**EC non-fiction XI  
2025 selection**

# 1. Can't Hurt Me – David Goggins

## ***Can't Hurt Me – David Goggins***

*David Goggins overcame poverty, abuse, and racism to become a Navy SEAL and ultra-athlete. His brutal mindset shows how to conquer pain and push beyond your limits.*

[LINK to more information](#)

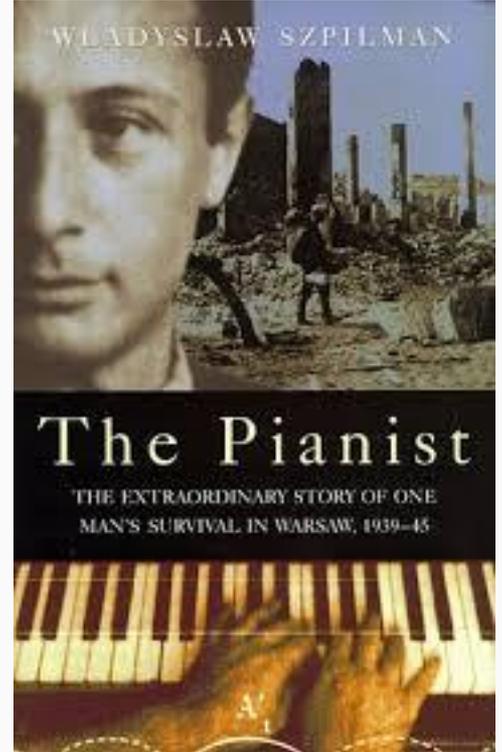


## 2. The Pianist – Wladyslaw Szpilman

### ***The Pianist – Wladyslaw Szpilman***

*A Jewish pianist survives the horrors of Nazi-occupied Warsaw using his wits, music, and luck. A harrowing, powerful true story of endurance, loss, and unexpected humanity.*

[LINK to more information](#)

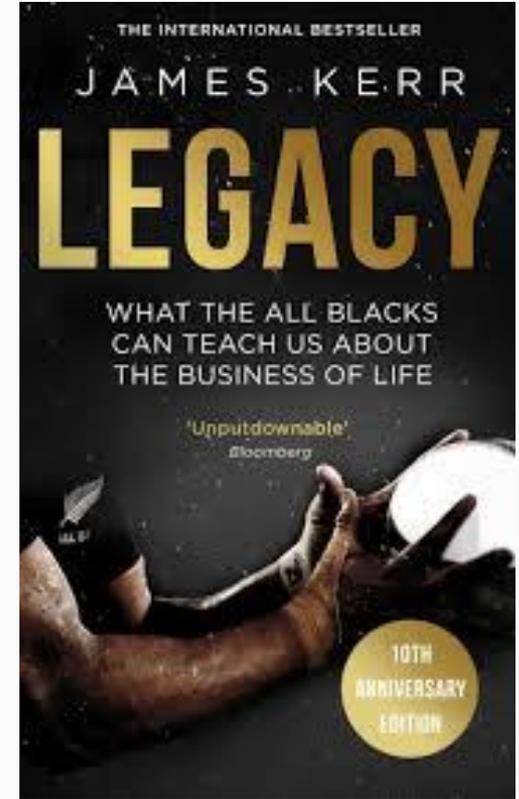


### 3. Legacy: 15 Lessons in Leadership – James Kerr

#### ***Legacy: 15 Lessons in Leadership – James Kerr***

*Examines the success principles of New Zealand's All Blacks rugby team. Kerr connects sports excellence with broader leadership lessons. Inspiring for athletes, aspiring leaders, and anyone interested in high-performance culture.*

[LINK to more information](#)

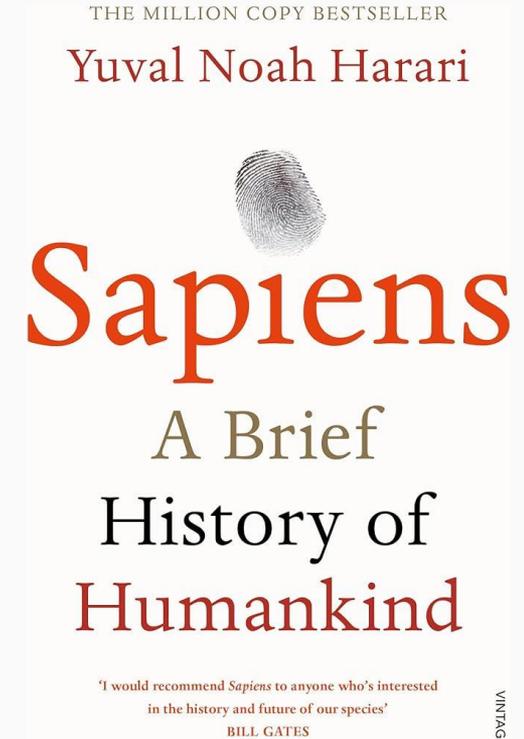


## 4. Sapiens – Yuval Noah Harari

### **Sapiens – Yuval Noah Harari**

*Takes readers through humanity's entire history, from prehistoric times to today. Harari offers provocative insights about what makes humans unique. Fascinating for anyone curious about human nature, history, and our collective future.*

[LINK to more information](#)

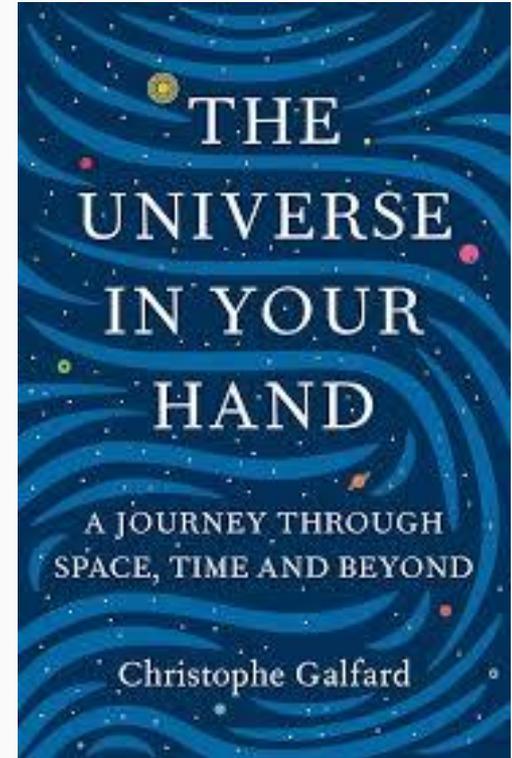


## 5. The Universe in Your Hand – Christophe Galfard

### ***The Universe in Your Hand – Christophe Galfard***

*Takes you on an imaginative journey through quantum mechanics, relativity, and cosmology. Galfard makes complex physics accessible without equations. Mind-blowing for anyone curious about the universe's biggest mysteries.*

[LINK to more information](#)

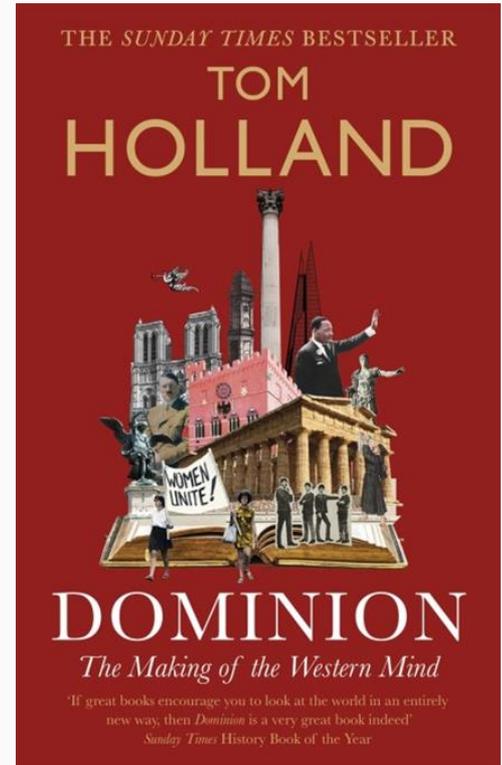


## 6. Dominion – Tom Holland

### ***Dominion – Tom Holland***

*Explores Christianity's profound influence on Western civilization, from ancient times to today. Holland traces how Christian ideas shaped our concepts of morality, politics, and human rights. Fascinating for history buffs and anyone curious about cultural foundations.*

[LINK to more information](#)

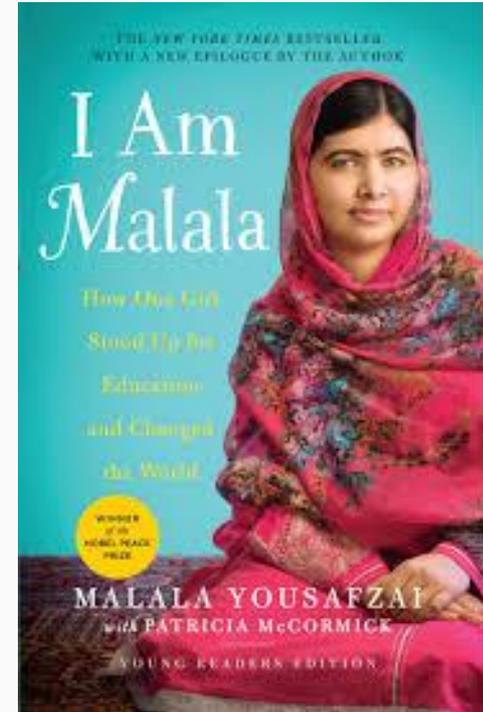


## 7. I am Malala – Malala Yousafzai

### ***I am Malala – Malala Yousafzai***

*This powerful memoir tells the story of Malala, who defied the Taliban's ban on girls' education in Pakistan and survived an assassination attempt at age 15. Yousafzai recounts her journey from schoolgirl to global activist. Inspiring for human rights, female empowerment, and worldwide change.*

[LINK to more information](#)

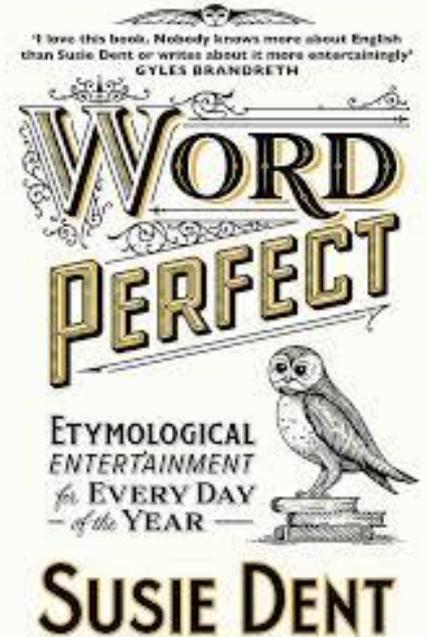


## 8. Word Perfect – Suzie Dent

### **Word Perfect – Suzie Dent**

*From the real ‘Jack the Lad’ to the theatrically literal story behind ‘stealing someone’s thunder’, Word Perfect tells the full stories behind a different word for every day of the year.*

[LINK to more information](#)

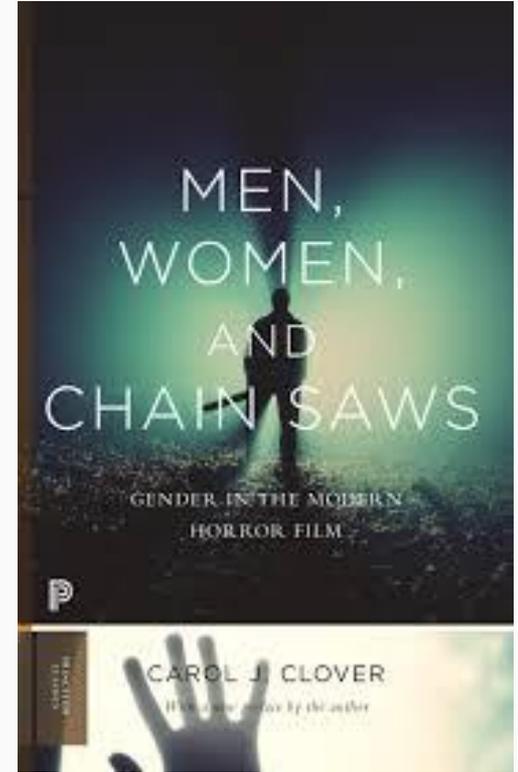


## 9. Men, Women and Chain Saws – Carol Clover

### ***Men, Women and Chain Saws – Carol Clover***

*Examines gender in horror films, especially the "final girl" phenomenon. Clover explores how these films challenge traditional gender roles. Perfect for film buffs, gender studies enthusiasts, or anyone interested in pop culture analysis.*

[LINK to more information](#)

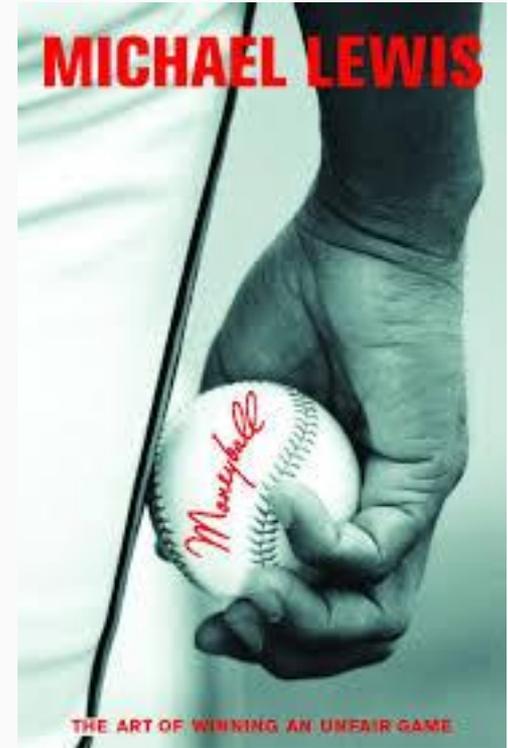


## 10. Moneyball – Michael Lewis

### **Moneyball – Michael Lewis**

*Chronicles how the Oakland A's used statistical analysis to build a competitive baseball team on a small budget. Lewis makes economics and statistics exciting through sports. Engaging for sports fans, math enthusiasts, and those interested in innovative thinking.*

[LINK to more information](#)



# 11. Philosophy: The Basics – Nigel Warburton

## ***Philosophy: The Basics*** ***– Nigel Warburton***

*An accessible introduction to key philosophical concepts and thinkers. Warburton simplifies complex ideas without oversimplifying them. Perfect for beginners interested in exploring life's big questions through structured thinking.*

[LINK to more information](#)

